



FIYAVALHU
RESORT MALDIVES

Spa
MENU





BALINESE MASSAGE

Re-awaken your mind and body with a traditional Balinese massage, a seamless blend of deep-tissue massage with aromatherapy, gentle stretching and light acupressure for a blissful relaxation.

60mins / USD 84.00
90mins / USD 105.00



TWIN MESSAGE

Twin massage offers a fully-clothed, strong, dry pressure massage combined with gentle yoga-style stretching techniques that boosts your body's energy flow.

60mins / USD 105.00
90mins / USD 126.00



AROMA MASSAGE

Guaranteed to leave you feeling refreshed and relaxed, our Aromatherapy Massage incorporates Swedish massage techniques with beneficial essential oils that are great for soothing sore muscles and aches.

120mins / USD 105.00



FOOT REFLEX

Unwind and relax after your long flight with our "His or Her foot reflexology". Begin your treatment with a refreshing seawater bath to help relax and relieve swollen feet, followed by a foot reflex massage using the ancient art of simulating pressure points. Working on these pressure points helps increase blood flow through your body, which helps to reduce your stress levels and even blood pressure.

60mins / USD 70.00
90mins / USD 105.00



SWEDISH MASSAGE

Increase your energy with a reviving upper body massage focusing on key areas to relieve muscle tension. Ideal for those requiring focused attention on the back whilst enjoying a complete face, scalp and shoulder massage.

60 mins / USD 105.00



SHIATSU MASSAGE

Feel rejuvenated with our highly therapeutic Shiatsu body massage using a combination of traditional Chinese medicine and a number of mobilization exercises along the body's meridian system (system of energy pathways) and the five-phase theory system (five elements).

60mins / USD 90.00
90mins / USD 112.00



BODY SCRUB

Prepare your skin to receive the bounty of the next treatments and a successful body care and massage. Our Signature Body Scrubs are made with all local and natural products for you to enjoy an authentic Maldivian spa experience. Get your skin silky smooth and toned with our body scrub by removing the dry and dead cells on the surface of your skin to leave you with an overall refreshing and light sensation.

90 mins / USD 105.00



MANICURE

Your nails will be shaped, cuticles tidied and hydrated, followed by a sea salt exfoliation, a massage of the hands and arms with a nourishing cream to restore natural moisture and improve the texture of your skin. Nail varnish is applied upon request.

30mins / USD 60.00
45mins / USD 70.00



PEDICURE

Transform your feet with our nail and cuticle care, and then enjoy an invigorating sea salt polish to refresh and relax with a foot and lower leg massage to soften and nourish your skin whilst boosting your circulation relieving tired or swollen feet. Nail varnish is applied upon request.

30mins / USD 60.00
45mins / USD 70.00



TRADITIONAL FACIAL

Ideal for soothing sensitive and irritated skin by using plant extracts, and Roman chamomile, rose and lavender flower essences. Your skin is re-hydrated and your shoulders are massaged for additional relaxation.

60mins / USD 90.00



COUPLE MASSAGE

Experience complete relaxation with your significant other in this shared experience! Our therapeutic and relaxing couple massage uses the Balinese massage techniques to work out the knots and tension that tend to build up from everyday life, and will have you and your special one feeling relaxed in no time at all!

Balinese Massage & Facial (1 hour, 30 Minutes)

90 mins / USD 180.00 per couple

All the prices are excluding service charge and Goods and Services Tax.